

Moms for Safe Wireless Wired Up To Run

By *KATHERINE GOTTHARDT* | Published: June 17, 2010

Over 100 participants—including 87 runners, volunteers and supporters—turned out for the 1st Annual Wired to Run 5K Race and 1-Mile Fun Run outside Old Dominion Baptist Church in Bristow to benefit Moms for Safe Wireless.

Moms for Safe Wireless is a non-profit group providing tips on safer ways to use wireless devices that emit radiation, such as cell phones, cordless phones, laptops, Wi-Fi and baby monitors.

The organization also provides free cell phone safety seminars in offices, schools and youth service organizations throughout Northern Virginia.

"We were very excited to be a part of the event and look to continue our sponsorship of the Wired to Run 5K next year," said Patrick King, founder of ImagineDesign, one of many local businesses supporting the run.

"As wireless technology becomes more and more ubiquitous, the radiation it emits is an increasing threat to our children and our families. As a consulting firm with a strong community involvement, a strong partnership with Moms for Safe Wireless is perfectly in line with our values and has our enduring support."

Leading the 62 5K runners on the grassy trail along Broad Run Creek, Rory Bryan took top prize with a finishing time of 21:38. Tammy Tribett was right behind him to lead the women's race and secure overall second place, finishing at 22:45. Bryan and Tribett won gift certificates from the Running Store. First and 2nd place 5K runners in a variety of age categories won trophies. Each of the 25 1-Mile Fun runners received a medal for completion.

Milton Johns, chair of the Prince William County School Board and Board Member of Moms for Safe Wireless spoke to the crowd about the importance of cell phone safety.

Bobby G. of Bobby G's Disc Jockeys motivated all with music before, during and after the race. The Janice S. Sutton Insurance Agency of Farmer's Insurance provided free fingerprinting, Acute and Wellness Chiropractic Clinic gave free massages, Fitness Together offered free blood pressure and body fat screenings, Lindsay Carl of Juice Plus offered nutritional information and Sarah Bunn of Pure Living distributed information on organic skin care and indoor air filters.

"We loved being a part of the Moms For Safe Wireless 5K," said Ron Stringfellow, owner of Fitness Together in Gainesville. "We were so excited to cheer on all the runners and have the opportunity to lead in the pre-run stretch movements. It is so encouraging to be involved with the community and their passion for health and wellness."

The event sponsors included ImagineDesign, Watoto Pediatrics, Bobby G's Disk Jockeys, Fitness Together of Gainesville, Ransom Photography, the Sign Shop, and Pev's Paint Ball, as well as the other corporate sponsors EmbroidMe of Manassas, Katherine Rosemond, LPC, LLC, Suanne Shockett, Licensed Clinical Psychologist, The Healthy Zone, Birth by Design, Myerson and Myerson, CPAs, Wegmans of Gainesville, Khouri Orthodontics, the Running Store and Mama Mia Pizza. Moms for Safe Wireless plans to hold a second run next year.



Submitted photo by Lori Ransom